



YOUNG & ALIVE  
**Summit**

**2024**

DECEMBER 03RD - 06TH,  
CORRIDOR SPRINGS HOTEL,  
ARUSHA TANZANIA



**PROGRAM**

**BREAKING BARRIERS: Youth Voices For  
Intergenerational Action and Innovation**



# PROGRAM

## DAY 1: Tuesday 03rd

### MAIN ROOM

|                     |                        |
|---------------------|------------------------|
| 08:00 AM - 01:00 PM | Bonanza                |
| 01:00 PM - 02:00 PM | LUNCH                  |
| 02:30 PM - 05:00 PM | Opening Ceremony       |
| Extra Curricular    | Fireside Party/Filming |

## DAY 2: Wednesday 04th

### MAIN ROOM

|                     |   |
|---------------------|---|
| 08:00 AM - 10:30 AM | State of Youth in SRH                                       |
| 11:00 AM - 01:00 PM | Best practices in youth programming, SBCC, and Storytelling |
| 02:30 PM - 05:00 PM | Overview of SRHR & VCAT                                     |
| Extra Curricular    | cPAC Community Dialogue                                     |

## DAY 3: Thursday 05th

### MAIN ROOM

|                     |   |
|---------------------|---|
| 08:00 AM - 10:30 AM | Enabling environment for policy advocacy.       |
| 11:00 AM - 01:00 PM | Mental health with relevance to SRHR            |
| 02:30 PM - 05:00 PM | Vibe Na Mchongo & ICFP Grassroot Action Leaders |
| Extra Curricular    | Film Fest                                       |

## DAY 4: FRI 06th

### MAIN ROOM

|                     |                         |
|---------------------|-------------------------|
| 08:00 AM - 10:30 AM | Network general meeting |
| 11:00 AM - 01:00 PM | Closing                 |
| 02:30 PM - 05:00 PM | Site Visit              |
| Extra Curricular    |                         |

# OVERVIEW

## DAY 1: Tuesday 03rd

|                     | ROOM A | ROOM B |
|---------------------|--------|--------|
| 08:00 AM - 01:00 PM |        |        |
| 01:00 PM - 02:00 PM |        |        |
| 02:30 PM - 05:00 PM |        |        |
| Extra Curricular    |        |        |

## DAY 2: Wednesday 04th

|                     | ROOM A  | ROOM B                              |
|---------------------|---|-------------------------------------|
| 08:00 AM - 10:30 AM |   |                                     |
| 11:00 AM - 01:00 PM | Power of Story telling and Innovation in the SRH space  | Gender equity and social inclusion. |
| 02:30 PM - 05:00 PM | Overview of youth-friendly services to young providers. | Menstrual health                    |
| Extra Curricular    |   |                                     |

## DAY 3: Thursday 05th

|                     | ROOM A  | ROOM B                                |
|---------------------|---|---------------------------------------|
| 08:00 AM - 10:30 AM |   |                                       |
| 11:00 AM - 01:00 PM | Climate Change & Food Security with Relevance to SRHR | Overview of SMART advocacy approaches |
| 02:30 PM - 05:00 PM |   |                                       |
| Extra Curricular    |   | Real Relief                           |

## DAY 4: FRI 06th

|                     | ROOM A                              | ROOM B |
|---------------------|-------------------------------------|--------|
| 08:00 AM - 10:30 AM |                                     |        |
| 11:00 AM - 01:00 PM |                                     |        |
| 02:30 PM - 05:00 PM | Any one interested at your own cost |        |
| Extra Curricular    |                                     |        |



mit  
2023

# MEET THE MASTERS OF THIS CEREMONY

## Ahmed Ally Khalfani

Program Manager, GFF

Ahmed Ally Khalfani is an outstanding individual who is committed to empowering marginalized communities and fostering sustainable development. His work focuses on financial and administrative literacy, Political and Socio-economic development and community empowerment.

## Dianairene Jeuri

Project Officer, WGNRR Africa

With a background in medicine and sociology, Dianairene Jeuri is passionate about empowering marginalized communities and driving social change. Focused on youth, she works to create an informed and bold generation ready to lead change. Her goal is to inspire action and impact within communities.





# DAY 1

### MODERATOR: Sesilia Shirima



#### Bio

Sesilia Shirima is a feminist, gender expert, and clinician from Tanzania. Over the past 10 years, she has been passionately involved in advocating for Sexual Reproductive Health and Rights.

Her work has included health service delivery, community work, advocacy, leadership, facilitation and mentorship both public and private sector.

#### Session Description

The Opening Ceremony aims to bring everyone on board explaining and set the power of different voices in the summit. This will include celebrating the opening and ready to engage , learn and connect for the next 3 days.

#### Session Objectives

- Setting the tone and the Voices of young people, especially focusing on inclusion and YAI summit Motto.
- To create a collaborative environment for all groups (delegates, organizers, sponsors, performers, and government) for the next three days of the summit.
- To show the uniqueness of the event and to create a youth-friendly environment.

## SPEAKERS & PERFORMERS



**Dr. Charles Rashid Mkomba Chepa**  
Arusha Regional Medical Officer



**Anna Mhina**  
Anna Mhina a Principal Community Development Officer at the Ministry of Community Development Gender Women and Special Groups, She work in the area of Child Protection and Adolescent Health and Wellbeing.



**Belinda Bumbuli**  
Arusha Regional Reproductive and Child Health Coordinator (RRCHCo)



**Yesse Godfrey Lwenge**  
Young artist and peer educator who uses music and arts to deliver SRHR information and drive changes in my community



#### Theater Art Feminists

An NGO using arts to educate, demonstrate, and showcase the situation that the Youth specifically girl children and women faces and possible solutions to the key challenges that limit their rights in health, livelihood and education that caused by Gender-Based Violence (GBV).



**Zill Vega**  
Hip Hop artist and a former Young & Alive Champion



**Miss Geez**  
A Bongo Star Search finalist, and former Young & Alive Champion



**Ammy Chiba**  
A Bongo Star Search finalist, and former Young & Alive Champion



# DAY 2

### MODERATOR: Otuck William



#### Bio

Otuck William is a dynamic designer, artist, and social innovator, serving as the Managing Director of the Young & Alive Initiative. Passionate about leveraging creativity to address social issues, he leads transformative projects in youth engagement, gender equity, and SRHR advocacy, blending digital tools, arts, and community-driven solutions.

Otuck's work empowers young people and fosters meaningful collaborations across sectors to drive sustainable development.

#### Session Description

The first plenary aims to set the tone for the summit and provide clear objectives and strategies for achieving them.

#### Session Objectives

- Explore the current state of adolescents & youth in SRH
- Results from the Community Dialogues
- Introduction to the summit's theme and advocacy objectives

#### Structure

- Key note speeches
- Panel Discussion
- Questions & Answers

## SPEAKERS & PERFORMERS



#### Petro Mwinifuna

Petro Mwinifuna is a dedicated clinician and passionate advocate for sexual and reproductive health and rights (SRHR). As a champion and peer educator, he works tirelessly to empower youth and promote awareness within communities under the Sauti ya vijana (SYV) project also serving as the secretary of the Youth Action Movement (YAM) programs under UMATI.



#### Annerose Ungele

Annerose is a dedicated clinician at the Young and Alive Initiative (YAI), passionate about advancing Sexual and Reproductive Health and Rights (SRHR) with a focus on empowering youth. As the Project Coordinator for the "Elevate Access to SRHR among Youth" project, and as the focal person for YAI in the Coalition to Address Maternal Mortality and Morbidity due to Unsafe Abortion and its Complications (CAMMAC), Annerose leads efforts to improve access to healthcare services and education on Comprehensive Abortion Care (CAC) and Post-Abortion Care (PAC). Additionally, she serves, blending clinical expertise with advocacy for equitable healthcare access.



#### Idrisa Mchilowa

Idrisa Mchilowa Amri ni mwanafunzi wa mwaka wa tatu katika Chuo cha Utumishi wa Umma Tanzania, akibobea katika Usimamizi wa Rasilimali Watu. Ni mwanachama wa mtandao wa Young and Alive Networking, akijikita katika masuala ya afya za vijana, uongozi, na ushawishi wa kijamii kwa lengo la kuboresha ustawi wa vijana na jamii kwa ujumla. Ana shauku ya kujifunza na kushirikiana na wataalamu wengine ili kupata suluhisho la changamoto za kijamii, hasa zinazohusu afya za vijana na maendeleo endelevu.



#### Name

Fabiola Harrison Odira is the Program Manager for WGNRR Africa, with expertise in Public Policy Analysis and Programme Management, backed by a Master's degree in the field. An Advocate of the High Court of Tanzania, she is committed to International Human Rights and has over six years of experience in public health, SRHR, gender issues, and youth leadership. Her work focuses on advocating for marginalized groups, including women, girls, and grassroots communities, reflecting a strong dedication to social justice and equity.



#### Layla Salum

Leila salum is a Journalist specialised on public relations and marketing. Serving as the Programs manager of the BHASSA TANZANIA Organization. She is SRHR champion and young Advocate under Sauti ya vijana (SYV) project. Passionate about raising awareness in communities and advocating to create impactful on accessing SRHR accurate information and friendly service



#### Theater Art Feminists

An NGO using arts to educate, demonstrate, and showcase the situation that the Youth specifically girl children and women faces and possible solutions to the key challenges that limit their rights in health, livelihood and education that caused by Gender-Based Violence (GBV).



#### Zill Vega

Hip Hop artist and a former Young & Alive Champion



#### Miss Geez

A Bongo Star Search finalist, and former Young & Alive Champion



#### Ammy Chiba

A Bongo Star Search finalist, and former Young & Alive Champion



### MODERATOR: Ninabina Davie



#### Bio

Ninabina Davie Kitururu is a dedicated advocate for women's and youth health, specializing in SRHR and family planning. She bridges the gap between policy and real-life experiences, amplifying voices, providing education, and promoting informed decision-making.

Ninabina is the FP2030 Youth Focal Point and Knowledge Management Officer at Knowledge Success.

#### Session Description

A panel discussion on best practices in programming for youth, and Knowledge Sharing

#### Session Objectives

- Sharing tools and approaches that works on the ground when working with young people in SRHR
- Exploring best practices in implementation
- Deliberate on high impact programs that can be adopted by others.

#### Structure:

- Panel Discussion
- Group Discussion

## SPEAKERS



#### Mwarabu Adam

Mwarabu Adam is a community development professional from Geita, Tanzania, and founder of the youth volunteer organization Youth Power Light for Development, focusing on climate change and reproductive health education. He serves as an SRHR Champion under Young and Alive Initiatives, Supervisor of the Geita Region Youth Council with VSO Tanzania, and Secretary for Disaster Management and Special Needs under SMAUJATA in Geita.



#### Willbroad Kawemama

Willbroad Bitekelero Kawemama is a seasoned professional specializing in health and nutrition program coordination with over a decade of experience. As a Program Officer at YAI, he has led impactful initiatives focusing on maternal health, child nutrition, and gender-sensitive service delivery across multiple regions in Tanzania.



#### Sabina Ntobi

YAP event in Arusha -  
TUJIBEBE



#### Tuponege, MST

Ms. Tuponege Rozanne, With over 5 years of experience in youth Innovations and Project Coordination, She has proven ability to design and implement scalable solutions in complex environments, with a strong focus on adolescents and youth values, desires and rights. Expertise in project management, monitoring & evaluation, event organization, youth/community mobilization, advocacy, administration, and behavioral change communication (BCC). Vast experience in working on various projects in youth and Sexual Reproductive Health (SRH), Family Planning, KVP's, OVC's and People with Disabilities (PWD's).

 **BREAKOUT ROOM A**

**11:00 AM - 01:00 PM**

### MODERATOR: Bakari Kassim



#### Bio

Bakari Kassim is an ICT Expert, specialist in Higher Level Computer Programming Languages. The CEO at B12 IT INDUSTRY and Board Chair Person at BHASSA TANZANIA.

He strive to bring together young people in a state of Justice and Equality through Youth-led and Youth-serving initiatives and solutions that focus on improving Youth well-being in lasting ways.

#### Session Description

Knowledge exchange through showcasing innovative technologies and storytelling.

#### Session Objectives

- Exploring the existing efforts/creativities in addressing adolescents SRH challenges through the power of innovation/technology.
- Under the digital world, Discuss adolescents SRH challenges
- (current situation) and possible solutions.
- Develop a roadmap (Issue, Action, Goal, Drivers, Barriers or pain points, Required Resources)

#### Structure:

- Panel Discussion
- Group Discussion

## SPEAKERS



#### Agness Tillya

Agness Tillya is a dedicated educator and feminist from Tanzania, committed to empowering young girls and promoting gender equality. With her work at Msichana Initiative as an admin officer and club department leader, she inspires girls to pursue education and overcome societal barriers. Representing the organization in the NAIA initiative, she combines teaching and activism to drive positive change and help girls realize their full potential.



#### Mathias Kapenda

Dr. Mathias Kapenda is a dedicated healthcare professional passionate about sexual and reproductive health rights (SRHR). With an Ordinary Diploma in Clinical Medicine from MOCHAS, he combines clinical practice with community engagement through the Young and Alive Initiative. He advocates for SRHR awareness and services among Tanzanian youth, conducting outreach, engaging in open dialogues, and contributing to innovative solutions. He is a Young Scientist Tanzania competition 3rd runner-up in the chemical, physical, and mathematical category.



#### Alua Mkilindi

Aluwa Hamis Mkilindi, a 29-year-old Tanzanian artist and founder of "Theatre Arts Feminists," uses participatory arts like drama, traditional dances, and songs to advocate for the rights of women, girls, and children. With seven years of experience in the gender movement, she has reached over 27,000 individuals, transforming communities by raising awareness and encouraging action against gender-based violence. Recognized for her impact, Aluwa was awarded Best Artist in Advocating Against Gender-Based Violence by WILDAF in 2023.



#### Janeth Lameck Majumbu

A youth advisor panel  
Sikonge district  
Tabora region for Girl Effect

### MODERATOR: Witness Mulokozi



#### Bio

Witness Raphael Mulokozi, a third-year Bachelor of Social Work student, is a passionate disability rights activist and gender advocate. As the founder and former Miss Wheelchair Tanzania, she has created a platform to empower women with disabilities, celebrate their achievements, and raise awareness about their rights. Witness champions inclusion, accessibility, and equality for people with disabilities through her advocacy work and as a skilled master of ceremonies (MC). Dedicated to fostering a more inclusive society, she continues to inspire change and amplify the voices of marginalized communities.

#### Session Description

A panel discussion on Advocacy & Social Accountability, Intersectionality/Cross-cutting issues, Diversity Equity and Social Inclusion, and meaningful youth engagement

#### Session Objectives

- To enhance and build an inclusive community where everyone feels respected and accepted.
- Create leaders and champions who promote gender equality, women empowerment, and social inclusion of underserved communities.
- facilitator discussions on how legal frameworks can be improved to better address the needs of the marginalized/diverse communities particularly those with disabilities and teen mothers.

#### Structure:

- Panel Discussion
- Group Discussion

## SPEAKERS



#### Clara Maliwa

Clara Peter Maliwa, a strong woman living with a disability, holds a Master's Degree in Project Planning and Management from the University of Dar es Salaam. As a Gender Coordination Specialist at UNDP Tanzania, Clara is deeply committed to advancing gender equality, disability inclusion, and human rights.



#### Rajabu Mpilipili

Rajab, a visually impaired advocate and leader, co-founded YoWDO to empower youth, children, and women with disabilities. He addresses digital and socio-economic challenges faced by people with disabilities, advocating for their rights on national and international platforms. He is a pioneer in advocating for assistive technology and digital inclusion, making him a powerful force for change in the disability rights movement.



#### Aysha Msantu

Aisha Msantu Mduyah, a disability rights advocate, founded GFF to champion SDG goals. Despite her own challenges, she earned a degree in Petroleum and Gas Engineering and empowers marginalized groups, especially individuals with disabilities. Her leadership and dedication inspire others to overcome adversity and drive positive change.



#### Josephat Maseke

Josephat Maseke Raphael is a public health professional and emerging young leader with over three years of experience in Sexual Reproductive Health (SRH) and HIV prevention. Currently, he serves as the SRH Focal Person at Focus For the Future Generation (2FG) Tanzania, empowering youth to advocate for quality SRH and HIV services, with expertise in project management, resource mobilization, and social inclusion.



#### Delphine Mselle

Delphina Mselle, a Zonal Manager at EngenderHealth Tanzania, oversees SuFP operations in Arusha, Kilimanjaro, and Tanga regions. Funded by the UK's FCDO, the project aims to strengthen national health systems to provide inclusive and comprehensive SRHR services. Delphina specializes in integrating family planning and GBV services, ensuring access for marginalized populations. She emphasizes a client-centered approach, scaling services to communities and workplaces for equitable SRH access.

### Session Description

Overview of the Sexual Reproductive Health and Rights and Menstrual Hygiene Management

### Session Objectives

- Understanding Sexual Health, Reproductive Health, Sexual Rights and Reproductive Rights and Menstrual Hygiene Management

### TRAINER (SRHR): Mashingo (John) Lerise



#### Bio

Dr. Mashingo Lerise is a Medical Doctor at Marie Stopes Tanzania, specializing in youth and adolescent sexual and reproductive health and rights (Y&ASRRH), values clarification and attitude transformation (VCAT), psychosocial support (PSW), disability inclusion, respectful maternity care (RMC), and gender and male engagement. He coordinates initiatives like the “Kwa Kila Hatua ya Mwanamke” campaign, aiming to provide comprehensive health services to women aged 16 to 50.

Dr. Lerise is also involved in educating men on distinguishing between erectile dysfunction and infertility, addressing misconceptions to improve men’s health.

### TRAINER (MHM): Severine Allute



#### Bio

Severine Allute is a seasoned professional with over 20 years of experience in international relations, governance, and the WASH sector. As the Tanzania Menstrual Health and Hygiene Coalition Secretariat Lead and Sanitation and Water for All Country Focal Point, he drives policy advocacy, research, and sector engagement to achieve SDG 2030 targets. Severine’s expertise spans capacity development and advisory work for public, private, and non-profit entities, making significant contributions to WASH inclusion and governance.



# DAY 3

YOUNG & ALIVE  
Summit  
2023

### MODERATOR: Vicky Mandary



#### Bio

Vicky Mandary is a dedicated professional specializing in Sexual and Reproductive Health (SRH) and HIV-related projects, with a strong commitment to improving public health outcomes and supporting underserved populations. Currently, she serves as a Project Officer at WGNRR Africa, where she leads efforts to increase youth access to SRH information and services through advocacy and capacity-building initiatives. Vicky combines her expertise in sociology and public health to design impactful programs that empower communities and advance health equity.

#### Session Description

Explore advocacy opportunities more closely that would improve the enabling environment for AYSRHR in policy, commodity security, and financing.

#### Session Objectives

- Deliberate on the existing relevant policy and legal framework (NAAIA\_AHW and National Youth Policy 2024).
- Identify existing gaps and possible recommendations, and collaboration opportunities to disseminate.
- Explore the role of young people in advocacy, social accountability.

#### Structure

- Panel Discussion
- Questions & Answers

## SPEAKERS & PERFORMERS



#### Dr. Mathew Mushi

Dr. Mathew Mushi is a Medical doctor with a master's degree in global health policy and financing. He has been practicing medicine for more than eight years and has strong expertise in infection prevention and control, emergency and critical care, humanitarian disaster response, adolescent reproductive health, gender-based violence (GBV) and violence against children (VAC), and health systems. He is currently serving as an ASRH/GBV Program officer in the Ministry of Health's Department of Maternal and Child Health (DRMCH).



#### Anna Mhina

Anna Mhina a Principal Community Development Officer at the Ministry of Community Development Gender Women and Special Groups, I work in the area of Child Protection and Adolescent Health and Wellbeing.



#### Simon T. John

He is an Agricultural Extension Officer, a Young SRH advocate and a dedicated Peer educators on SRH and GBV, he has touched the lives of adolescents and young people with SRH information through provision of Comprehensive Sexuality education under the Strengthen Young Voice (SYV) project.



#### Sarafina Edwin Kifaru

Adolescent Sexual Reproductive Health Technical Officer and experienced Mentor with a demonstrated history of working with adolescents and youth in the non-profit organization management industry. Skilled in Mentorship, Communication, Research, Leadership, Project and Management. Strong professional with a Masters of Arts in Monitoring and Evaluation from Open University of Tanzania and Bachelor of Arts in Economics focused in Economics from University of Dodoma.



#### Belinda Bumbuli

Arusha Regional Reproductive and Child Health Coordinator (RRCHCo)



#### Layla Salum

Leila salum is a Journalist specialised on public relations and marketing. Serving as the Programs manager of the BHASSA TANZANIA Organization. She is SRHR champion and young Advocate under Sauti ya vijana (SVV) project. Passionate about raising awareness in communities and advocating to create impactful on accessing SRHR accurate information and friendly service



#### Yesse Godfrey Lwenge

Young artist and peer educator who uses music and arts to deliver SRHR information and drive changes in my community



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#### Rajabu Hunge

Rajabu Hunge is a clinical officer, poet, and storyteller passionate about youth empowerment and social change. As a fellow in the YAI Champions Fellowship 2023/24, Rajabu has honed his skills in leadership, community accountability, and advocacy for youth-friendly reproductive health and nutrition services.

## Session Description

Overview of the SMART Advocacy approach and refinement of the summit's Advocacy Strategy Workshop

## Session Objectives

- Understanding the SMART Advocacy approach
- Refine the Summit's SMART advocacy objectives
- Agree on next steps

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## FACILITATORS: Ninabina Davie & Hance Njobelo



### Bio

Ninabina Davie Kitururu is a dedicated advocate for women's and youth health, specializing in SRHR and family planning. She bridges the gap between policy and real-life experiences, amplifying voices, providing education, and promoting informed decision-making.

Ninabina is the FP2030 Youth Focal Point and Knowledge Management Officer at Knowledge Success.



### Bio

Since 2013, Hance Njobelo has been an agripreneur specializing in the rice value chain and expanded into agricultural consulting for small-scale farmers and business owners in 2017. Currently, he is the Founder and MD of 360 Connect Co. Ltd, a business development services company in Mbeya, Tanzania, supporting farmers, including youth and women, across agribusiness, public health, and environmental initiatives.

## MODERATOR: Fatmah Suleyman



### Bio

Fatmah Suleyman is a passionate advocate for women and girls, focusing on Adolescent and Youth Sexual and Reproductive Health and Rights (AYSRHR). Leveraging technology, Fatmah drives awareness campaigns, fosters community engagement, and amplifies youth voices through storytelling, podcasts, and social media. As a volunteer with FaveCareSpace, she leads online dialogues with mental health professionals and young people to combat stigma around mental health, particularly among men and boys, encouraging open conversations and help-seeking.

### Session Description

The workshop will address cultural and societal stigmas, explore solutions to integrate mental health into SRH frameworks and foster open discussions to encourage holistic approaches to health and well-being. Participants will also have access to on-site mental health services throughout the summit to further promote accessible and inclusive care.

### Session Objectives

- Highlight the importance of integrating mental health support into SRHR frameworks for holistic care and well-being.
- Normalize conversations around seeking mental health and SRHR support by offering accessible services during and after the summit.
- Address societal and cultural stigmas surrounding mental health and its connection to SRHR in African communities.
- Provide a platform for individuals with lived experiences, including persons with disabilities, mental health survivors, and youth advocates, to share their stories and insights.

## SPEAKERS



### Dr. Pascal Kang'iria

Dr. Pascal Kang'iria, a Clinical Psychiatrist, is a prominent advocate for mental health in Tanzania, dedicated to breaking stigma and improving mental health services. He actively trains healthcare professionals, community workers, and caregivers while providing vital support to individuals in need. Through his advocacy and commitment, Dr. Pascal has made a significant impact on the well-being of many and remains an inspiring figure in the mental health field.



### Najma Salimu Mambwe

Najma Salimu Mambwe, is a mental health advocate inspired by her personal experiences and the support of her single mother. Holding a Certificate in Secretarial Studies from Tanzania Public Service College, she combines her skills in customer care and teamwork with her passion for raising awareness about mental health. Najma's journey, shaped by overcoming her own mental health challenges, emphasizes the importance of familial support and open communication in breaking the stigma surrounding mental health.



### Clara Maliwa

Clara Peter Maliwa, a strong woman living with a disability, holds a Master's Degree in Project Planning and Management from the University of Dar es Salaam. As a Gender Coordination Specialist at UNDP Tanzania, Clara is deeply committed to advancing gender equality, disability inclusion, and human rights.



### MODERATOR: Elibariki Simon



#### Bio

Elibarick is a Council Coordinator for YAI in Tabora, leading transformative programs for adolescent boys and young men focused on sexual and reproductive health and rights. With expertise in project management, climate, gender issues, and youth leadership, he has been driving community change since 2016 through SMART advocacy, capacity building, and social behavior change. His work emphasizes inclusive healthcare, reproductive autonomy, and dismantling societal barriers to empower and educate young people.

#### Session Description

The session will explore the intersections between climate change, food security, and sexual reproductive health and rights (SRHR). Participants will learn about the impacts of climate change on food systems and SRHR, and strategies to build resilience in communities through youth-led actions and policy advocacy

#### Session Objectives

- Highlight the effects of climate change on SRHR, particularly for youth and vulnerable populations.
- Discuss innovative and inclusive solutions to mitigate these effects.
- Empower participants to advocate for integrated approaches to climate action, food security, and SRHR at local, national, and global levels.
- Foster collaboration among stakeholders for intersectional policy and program development including youth-led initiatives.

## SPEAKERS



#### Hance Njobelo

Since 2013, Hance Njobelo has been an agripreneur specializing in the rice value chain and expanded into agricultural consulting for small-scale farmers and business owners in 2017. Currently, he is the Founder and MD of 360 Connect Co. Ltd, a business development services company in Mbeya, Tanzania, supporting farmers, including youth and women, across agribusiness, public health, and environmental initiatives.



#### Irene Rejoice Mbasha

Irene Rejoice Mbasha is a dedicated activist and leader passionate about driving positive change through innovation, youth empowerment, and environmental conservation. As the co-founder of Dada Kazini Foundation, she champions initiatives in menstrual health, hygiene, education, and sustainability, with a goal to impact 5,000 young people in the next five years. With hands-on experience from Twende Innovation Center, where she inspired over 500 students across eight schools.



#### James Sylvester Magesa

James Sylvester Magesa is a climate activist from Arusha, Tanzania, advocating for the integration of climate action, SRHR, and gender equality into global and local policies. Currently studying Tourism and Marketing Management, James empowers communities through initiatives like Climate Club Hubs and sustainable development programs, bridging the gap between climate justice and human rights.



#### Mwarabu Adam

Mwarabu Adam, 27, is a community development professional from Geita, Tanzania, and founder of the youth volunteer organization Youth Power Light for Development, focusing on climate change and reproductive health education. He serves as an SRHR Champion under Young and Alive Initiatives, Supervisor of the Geita Region Youth Council with VSO Tanzania, and Secretary for Disaster Management and Special Needs under SMAUJATA in Geita.



#### Grace Kisabo

Grace Edson Kisabo is a seasoned professional in project planning, management, and community development, with extensive experience leading health and development programs in Tanzania. As Program Manager at Empowered for Change (E4C), she provides strategic oversight and ensures effective project implementation. Passionate about empowering young women and girls, including those with disabilities, Grace advocates for SRHR, addressing issues like teenage pregnancy, unsafe abortion, and the need for disability-friendly reproductive health services.

### MODERATOR: Mathias Kapenda



#### Bio

Dr. Mathias Kapenda is a dedicated healthcare professional passionate about sexual and reproductive health rights (SRHR). With a Diploma in Clinical Medicine from MOCHAS, he combines clinical practice with community engagement through the Young and Alive Initiative. He advocates for SRHR awareness and services among Tanzanian youth, conducting outreach, engaging in open dialogues, and contributing to innovative solutions. He is a Young Scientist Tanzania competition 3rd runner-up in the chemical, physical, and mathematical category.

#### Session Description

Exploring opportunities for young leader’s career growth

#### Session Objective

- Equip young leaders participants of the summit with knowledge and skills to grab local and international opportunities

## SPEAKERS & Performers



#### Innocent Grant

MSPH student at the Bloomberg School of Public Health & Management team member of the Young and Alive Initiative in Tanzania.

His backgrounds are in clinical medicine and gender studies. His work experiences are in sexual and reproductive health, gender issues, policy advocacy, social and behavioural change communication and human rights.



#### Angel Mnzava

Angel Mnzava, is a Sociologist whose passion lies in utilizing knowledge sharing as a powerful tool to address and solve various social challenges. With a rich background in community engagement project management, Angel has 8 years of experience, dedicating her career to the empowerment of women and girls.



#### Gachi B

Renowned A-List Tanzanian Music Producer, song-writer and sound engineer and Young & Alive Initiative Creative Consultant



#### Zill Vega

Hip Hop artist and a former Young & Alive Champion



#### Miss Geez

A Bongo Star Search finalist, and former Young & Alive Champion



#### Ammy Chiba

A Bongo Star Search finalist, and former Young & Alive Champion

## MODERATOR: Innocent Grant



### Bio

MSPH student at the Bloomberg School of Public Health & Management team member of the Young and Alive Initiative in Tanzania.

His backgrounds are in clinical medicine and gender studies. His work experiences are in sexual and reproductive health, gender issues, policy advocacy, social and behavioural change communication and human rights.

### Session Description

ICFP 2025 Community Trailblazer pitch competition

### Session Objective

- Identify a winner of the ICFP2025 Community Trailblazer Award Recipient from Tanzania

# DAY 4



### MODERATOR: Otuck William



#### Bio

Otuck William is a dynamic designer, artist, and social innovator, serving as the Managing Director of the Young & Alive Initiative. Passionate about leveraging creativity to address social issues, he leads transformative projects in youth engagement, gender equity, and SRHR advocacy, blending digital tools, arts, and community-driven solutions.

Otuck's work empowers young people and fosters meaningful collaborations across sectors to drive sustainable development.

#### Session Description

The session will serve as an official general meeting of the members of the youth network

#### Session Objectives

- Agree and approve the 2025 Advocacy position paper, Memorandum of Understanding, Workplan & Budget
- Elect new leaders

## SPEAKERS & PERFORMERS



#### Abdul Khamis

Abdulwaburu is a self-motivated youth leader and clinical Officer with 2 years of working experience in the area of sexual and reproductive health programs for adolescents and youth. Currently working with young and alive initiative as a clinical advisor.



#### Salum Msuya

Salum Ally Msuya is a strong supporter of youth-friendly services, emphasising inclusive youth-centered healthcare services and supporting young leadership. He mentors adolescent girls and young women (AGYW) in Ludewa and Makete, encouraging them to play an active role in their communities and instilling resilience, creativity, and social responsibility. Salum is currently championing online a mental health program for veterans, including the 'Boot Camp In, Boot Camp Out' initiative, which will help them recover and reintegrate into society.



#### Aysha Msantu

Aisha Msantu Mduyah, a disability rights advocate, founded GFF to champion SDG goals. Despite her own challenges, she earned a degree in Petroleum and Gas Engineering and empowers marginalized groups, especially individuals with disabilities. Her leadership and dedication inspire others to overcome adversity and drive positive change.



#### Theater Art Feminists

An NGO using arts to educate, demonstrate, and showcase the situation that the Youth specifically girl children and women faces and possible solutions to the key challenges that limit their rights in health, livelihood and education that caused by Gender-Based Violence (GBV).

### MODERATOR: Sesilia Shirima



#### Session Description

The closing ceremony of the summit aims to celebrate the achievements and explore future engagements

#### Bio

Sesilia Shirima is a feminist, gender expert, and clinician from Tanzania. Over the past 10 years, she has been passionately involved in advocating for Sexual Reproductive Health and Rights.

Her work has included health service delivery, community work, advocacy, leadership, facilitation and mentorship both public and private sector.

## SPEAKERS & PERFORMERS



**Seif Abdalah Shekalaghe**  
Permanent Secretary,  
Ministry of Social Welfare,  
Gender, Women and  
Special Groups



#### Dr. Mathew Mushi

Dr. Mathew Mushi is a Medical doctor with a master's degree in global health policy and financing. He has been practicing medicine for more than eight years and has strong expertise in infection prevention and control, emergency and critical care, humanitarian disaster response, adolescent reproductive health, gender-based violence (GBV) and violence against children (VAC), and health systems. He is currently serving as an ASRH/GBV Program officer in the Ministry of Health's Department of Maternal and Child Health (DRMCH).



#### Abdul Khamis

Abdulswaburu is a self-motivated youth leader and clinical Officer with 2 years of working experience in the area of sexual and reproductive health programs for adolescents and youth. Currently working with young and alive initiative as a clinical advisor.



#### Yesse Godfrey Lwenge

Young artist and peer educator who uses music and arts to deliver SRHR information and drive changes in my community



#### Theater Art Feminists

An NGO using arts to educate, demonstrate, and showcase the situation that the Youth specifically girl children and women faces and possible solutions to the key challenges that limit their rights in health, livelihood and education that caused by Gender-Based Violence (GBV).



#### Zill Vega

Hip Hop artist and a former Young & Alive Champion



#### Miss Geez

A Bongo Star Search finalist, and former Young & Alive Champion



#### Ammy Chiba

A Bongo Star Search finalist, and former Young & Alive Champion

A photograph of three young women standing together in a well-lit indoor space, likely a conference or summit. They are all wearing blue lanyards with white name tags. The woman on the left is wearing a black blazer over a black top and white trousers. The woman in the middle is wearing a light-colored, long-sleeved button-down shirt tucked into a long, pleated skirt. The woman on the right is wearing a grey ribbed sweater over a blue and white patterned skirt. The background is slightly blurred, showing other people and what appears to be a checkered floor. The entire image has a blue overlay.

# ORGANIZERS & PARTNERS

The logo for the Young & Alive Summit 2023. It features a stylized starburst icon above the text "YOUNG & ALIVE Summit" and "2023".

YOUNG & ALIVE  
Summit  
2023

[WWW.YOUNGANDALIVE.ORG/YOUTHSUMMIT](http://WWW.YOUNGANDALIVE.ORG/YOUTHSUMMIT)



The Young and Alive Initiative (YAI) is a Tanzanian non-governmental organization dedicated to advancing sexual and reproductive health and rights (SRHR) among young people. Founded by a team of young professionals, healthcare providers, and content creators, YAI focuses on behavior change communications, advocacy, youth leadership, research, and innovation to empower youth and foster social development.

YAI's mission is to equip young individuals with the skills, knowledge, and resources necessary to advocate for and access youth-friendly SRHR information and services. The organization envisions a Tanzanian society that respects and protects young people's rights to such services, recognizing them as essential to achieving sustainable development goals.

Among its initiatives, YAI organizes the annual Young and Alive Summit, a platform for policy dialogues, capacity strengthening, innovation, and creative expression. The 2023 summit engaged over 975 youth at the sub-national level and 200 participants at the national level in Dodoma, facilitating discussions on advocacy strategies and deepening SRHR knowledge.

Through its comprehensive approach, YAI continues to place youth at the center of the SRHR movement in Tanzania and beyond, striving to create an environment where young people are informed, empowered, and active participants in their health and rights.



The World Health Organization (WHO) leads the Implementing Best Practices (IBP) initiative, a global partnership established in 1999 to enhance family planning and reproductive health services.

Collaborating with over 120 member organizations, including international NGOs, civil society groups, and academic institutions, the IBP Network facilitates the dissemination and application of evidence-based practices in sexual and reproductive health.

The IBP Network focuses on:

- **Scaling Up Effective Practices:** Identifying and promoting proven interventions to improve family planning and reproductive health outcomes.
- **Knowledge Sharing:** Providing platforms for stakeholders to exchange experiences, tools, and resources that support the implementation of best practices.
- **Capacity Building:** Strengthening the abilities of organizations and health systems to adopt and sustain high-impact practices.

Through these efforts, the IBP Network aims to ensure that successful family planning and reproductive health strategies are effectively implemented and scaled up, contributing to improved health outcomes globally.



The International Conference on Family Planning (ICFP) is the world's largest scientific gathering of family planning and reproductive health professionals. Since its inaugural meeting in Kampala, Uganda, in 2009, ICFP has evolved into a pivotal platform for researchers, advocates, policymakers, and community leaders to share knowledge, celebrate achievements, and advance universal access to family planning services.

ICFP serves as a strategic inflection point for the global reproductive health community, providing opportunities for countries, organizations, and individuals to make significant commitments and recognize progress in family planning and reproductive health. The conference fosters a collaborative environment guided by partnership, inclusivity, innovation, and scientific rigor.

The upcoming ICFP is scheduled to take place from November 3 to 6, 2025, in Bogotá, Colombia. This marks the first time the conference will be hosted in Latin America, highlighting the region's advancements in sexual and reproductive health and rights. The event is co-hosted by the William H. Gates Sr. Institute for Population and Reproductive Health, the Government of Colombia, Profamilia, and Fundación Valle del Lili.

Through its biennial conferences and ongoing digital platforms, ICFP continues to unite a diverse community dedicated to achieving universal access to family planning, thereby contributing to global health equity and sustainable development.



The Women's Global Network for Reproductive Rights Africa (WGNRR Africa) is a grassroots-led feminist network headquartered in Dar es Salaam, Tanzania. Established as an independent non-governmental organization in 2016, WGNRR Africa evolved from a regional coordination office of the WGNRR Foundation.

WGNRR Africa is dedicated to advancing sexual and reproductive health and rights (SRHR) across the continent. The organization supports grassroots initiatives and strengthens movements of activists and advocates focused on gender, rights, and justice. Its mission is to ensure that women, in all their diversity, can make informed and autonomous decisions about their bodies and lives.

The organization's key programmatic areas include:

- **Sexual and Reproductive Rights of Young People:** Advocating for the SRHR of youth, ensuring access to comprehensive education and services.
- **Access to Contraceptives:** Promoting the availability and informed use of contraceptive methods to empower individuals in their reproductive choices.
- **Prevention of Maternal Death and Morbidity:** Working to reduce maternal mortality and morbidity through education, advocacy, and improved healthcare services.

WGNRR Africa employs a rights-based approach within a reproductive justice framework, emphasizing activism, movement building, and capacity strengthening. The organization collaborates with local and international partners to champion women's health rights and to foster a community dedicated to achieving SRHR and justice for all.

Through its comprehensive efforts, WGNRR Africa continues to play a significant role in promoting and protecting the sexual and reproductive rights of women and girls across the continent.



The Youth for Health (Y4H) project is a three-year initiative co-funded by the European Union, operating in Tanzania and five other African countries: Ethiopia, Ghana, Kenya, Sierra Leone, and Zambia. Its primary goal is to expand access to adolescent sexual and reproductive health and rights (ASRHR) services, with a particular focus on reaching marginalized adolescent girls, including those with disabilities, in rural and hard-to-reach areas.

In Tanzania, Y4H collaborates with local partners to:

- **Enhance the Political Environment:** Improve policies and mobilize resources at local, national, and regional levels to support ASRHR initiatives.
- **Increase Demand for Services:** Raise awareness among adolescents about sexual and reproductive health issues, encouraging informed decision-making and utilization of available services.
- **Strengthen Public Health Sector:** Ensure that the public health system is equipped to deliver high-quality, youth-friendly ASRHR services.

A key component of the project is the training of youth champions who advocate for improved ASRHR services within their communities. These champions engage in activities such as organizing weekend clinics that integrate educational sessions with recreational activities, thereby creating a supportive environment for adolescents to access information and services.

Through these comprehensive efforts, the Y4H project aims to empower young people in Tanzania to make informed choices about their sexual and reproductive health, ultimately contributing to better health outcomes and enhanced quality of life.

In Tanzania, the project is implemented by Marie Stopes, Sikika and DSW.



Marie Stopes Tanzania (MST), established in 1989, is a leading provider of comprehensive sexual and reproductive health services in Tanzania. As part of the global MSI Reproductive Choices network, MST is committed to delivering high-quality, client-centered care to women, men, and young people, particularly in underserved and marginalized communities.

Services Offered

- **Contraception and Family Planning:** MST provides a wide range of contraceptive options, including short-term and long-term methods, to empower individuals in making informed reproductive choices.
- **Post-Abortion Care:** The organization offers services to manage complications from spontaneous miscarriages or incomplete abortions, ensuring safe and compassionate care.
- **Maternity and Child Health:** MST delivers comprehensive maternal and child health services, encompassing antenatal care, delivery services, postnatal care, and ultrasound scans.
- **Services for Men:** Recognizing the importance of male involvement in reproductive health, MST provides services such as male circumcision, vasectomy, HIV/STI screening, and general health check-ups.
- **General Health and Wellness:** MST's clinics offer a variety of general health services, including gynecological consultations, immunizations, HPV vaccinations, laboratory services, cervical cancer screening, and HIV/STI testing.

MST actively engages in advocacy to advance sexual and reproductive health and rights in Tanzania. The organization collaborates with government bodies and stakeholders to influence policy changes, improve regulations, and enhance guidelines related to family planning and reproductive health services.





Sikika, established in 1999, is a Tanzanian non-governmental organization dedicated to enhancing health outcomes through advocacy and social accountability. Initially focusing on youth reproductive health, Sikika has expanded its scope to include health governance, finance, human resources for health, medicines and medical supplies, and HIV/AIDS.

Sikika envisions a transparent and accountable government that ensures citizens' rights to quality health services. Its mission is to enhance health and public finance systems through social accountability monitoring and advocacy at all government levels.

**Core Programmes:**

- **Public Finance Management Programme:** Promotes sound financial governance by conducting research on tax policy, budget processes, audits, and public expenditure to influence policy changes in Tanzania.
- **Health Programme:** Focuses on ensuring the availability and accessibility of quality medicines and medical supplies at both national and district levels.

The organization employs social accountability monitoring, media outreach, dialogue, networking, research, and analysis to advocate for equitable planning, budgeting, and efficient resource utilization in the health sector.

Through its comprehensive efforts, Sikika aims to strengthen health systems and public finance management, ensuring that all Tanzanians have access to quality health services.



## EngenderHealth

EngenderHealth has been a pivotal force in advancing sexual and reproductive health and rights (SRHR) in Tanzania since 1983. Collaborating closely with the government and various partners, the organization focuses on enhancing access to comprehensive SRHR services, including family planning, comprehensive abortion care, HIV prevention and treatment, and maternal health services.

**Key Initiatives:**

- **Scaling Up Family Planning (SuFP):** Supported by the UK's Foreign, Commonwealth & Development Office, this program aims to improve the availability and accessibility of high-quality, integrated, and inclusive family planning and SRH services.
- **Building Rights for Improved Girl's Health in Tanzania (BRIGHT):** Funded by Global Affairs Canada, BRIGHT delivers a holistic package of gender-responsive SRH and nutrition services to adolescents in the Tabora region.
- **USAID Boresha Afya—Southern Zone:** In partnership with Deloitte and funded by USAID, this program worked to improve access to high-quality, inclusive, and integrated health services in Tanzania's southern regions.

EngenderHealth actively engages in advocacy to advance SRHR in Tanzania. The organization collaborates with government bodies and stakeholders to influence policy changes, improve regulations, and enhance guidelines related to family planning and reproductive health services. For instance, EngenderHealth contributed to the review of the National Family Planning Guidelines and the National Family Planning Outreach Guidelines, ensuring that clients receive quality information and services.



USAID Afya Yangu - Mama na Mtoto



The USAID Afya Yangu ("My Health") – Reproductive, Maternal, Newborn, Child, and Adolescent Health (RMNCAH) is a five-year initiative (January 2022–January 2027) aimed at enhancing the health and well-being of Tanzanian women, children, and adolescents.

Operating across 11 regions in mainland Tanzania and Zanzibar, the program focuses on increasing the utilization and demand for quality, integrated RMNCAH services, particularly among women of reproductive age, youth, and children.

**Key Objectives:**

- **Service Integration:** Collaborate with the Tanzanian government to provide comprehensive RMNCAH services that are client-centered and accessible at both facility and community levels.
- **Community Engagement:** Partner with civil society organizations to promote positive health-seeking behaviors and self-care practices among target populations.
- **Capacity Building:** Strengthen the capabilities of healthcare providers and systems to deliver high-quality RMNCAH services, ensuring they are respectful and responsive to the needs of women, children, and adolescents.

Through these efforts, USAID Afya Yangu aims to reduce maternal and child mortality rates and improve overall health outcomes in Tanzania.

JHPIEGO is one of the implementing partners of the USAID Afya Yangu - Mama na Mtoto.



Chama cha Uzazi na Malezi Bora Tanzania (UMATI) is an autonomous, non-profit, and non-political national NGO established in 1959. It provides Sexual and Reproductive Health and Rights (SRHR) information, education, and services across Tanzania. As a full Member Association of the International Planned Parenthood Federation (IPPF) since 1973, UMATI operates through a well-established volunteer structure from the national to community levels.

**Mission and Vision:**

- **Mission:** To champion SRHR and provide information and services targeting the young and underserved.
- **Vision:** A Tanzania where people are free to choose and exercise their Sexual and Reproductive Health and Rights without discrimination.

**Core Focus Areas:**

- **National Level SRHR Advocacy:** UMATI works to galvanize commitment and secure legislative, policy, and practice improvements, engaging women and youth leaders as advocates for change.
- **Youth Involvement:** Enabling young people to access comprehensive sexuality education and realize their sexual rights to reach their full potential.
- **Integrated Service Delivery:** Delivering quality integrated sexual and reproductive health services, including HIV, through public and private health providers.

With over six decades of experience, UMATI combines evidence-based approaches with on-the-ground expertise to deliver innovative SRHR solutions, ensuring that every individual has the right to access quality sexual and reproductive health information and services.



FHI 360, a global human development organization, has been active in Tanzania since the 1980s, collaborating with national and local governments to address critical health and development challenges. The organization's initiatives in Tanzania encompass a range of programs aimed at improving public health outcomes and strengthening community resilience.

**Key Programs and Initiatives:**

- **Meeting Targets and Maintaining Epidemic Control (EpiC):** This five-year global project, funded by the U.S. President's Emergency Plan for AIDS Relief (PEPFAR) and USAID, focuses on achieving and sustaining HIV epidemic control. The project operates in regions such as Dar es Salaam, Dodoma, Kilimanjaro, Arusha, Morogoro, Njombe, and Shinyanga.
- **USAID Tulonge Afya:** This five-year project aimed to address health concerns by implementing a comprehensive social and behavior change (SBC) approach. Collaborating with the Government of Tanzania, local stakeholders, and communities, the project sought to improve individual health behaviors, strengthen community support, and enhance systems for SBC interventions.
- **USAID Boresha Afya Southern Zone:** Also known as the Comprehensive Health Services Delivery project, this initiative worked to control the HIV epidemic and integrate services such as family planning, tuberculosis, maternal, newborn, and child health, malaria, and nutrition.

FHI 360 employs a collaborative approach, partnering with government bodies, civil society organizations, and community stakeholders to implement evidence-based interventions. By focusing on capacity building, service integration, and community engagement, FHI 360 aims to create sustainable health systems that can effectively respond to Tanzania's evolving health challenges.



Women Fund Tanzania Trust (WFT-T), established in 2008, is the country's first feminist women's rights fund, dedicated to empowering women, girls, and children by supporting grassroots organizations and movements. As a movement builder and activist organization, WFT-T aims to amplify the voices and agency of women and girls, fostering social justice and gender equality.

**Mission and Vision:**

- **Mission:** To contribute to building a strong women's movement in Tanzania through grant-making, capacity strengthening, strategic alliance building, and resource mobilization.
- **Vision:** A Tanzanian society where women realize their full potential and engage fully in transforming their communities to achieve empowerment and social justice.

**Core Focus Areas:**

- **Grant Making and Management:** Providing accessible grants to women's rights organizations (WROs), groups, and individual women at the local level to enhance capacity and promote women's rights.
- **Capabilities Strengthening and Learning:** Catalyzing and strengthening the capabilities of WROs and social justice movements through mentorship, shared learning, and training to promote feminist ideologies and effective institutional operations.
- **Strengthening the Feminist Movement:** Facilitating transformative strategies to deepen the adoption of feminist agendas and collective actions within women's rights organizations and social justice groups, aiming to dismantle patriarchal norms and structures.

Through these initiatives, WFT-T strives to create a society where women and girls are empowered, free from violence, and have a significant voice in leadership and political participation.



The HER Voice Fund is a grant initiative designed to amplify the participation of adolescent girls and young women (AGYW) in policy and decision-making processes that impact their health and rights. Managed by the Global Network of Young People Living with HIV (Y+ Global), the fund operates in 13 priority countries across Southern and Eastern Africa, including Tanzania.

**Objectives:**

- **Empowerment:** Facilitate the meaningful engagement of AGYW in national, provincial, and district-level health-related processes, ensuring their voices are integral to decisions affecting their lives.
- **Advocacy Support:** Provide financial resources to AGYW-led organizations and networks, enabling them to participate effectively in advocacy and policy dialogues, particularly those linked to the Global Fund and national health reforms.

In Tanzania, the HER Voice Fund collaborates with a Country Lead organization and a designated Ambassador to coordinate activities and support grantees. These roles are crucial in uniting efforts to ensure that AGYW's perspectives are represented in health policy discussions.

The initiative is funded by ViiV Healthcare's Positive Action and the Global Fund, reflecting a commitment to addressing the unique challenges faced by AGYW in the HIV response.

Through its strategic efforts, the HER Voice Fund aims to create an enabling environment where AGYW in Tanzania and other priority countries can actively influence policies and programs that directly impact their health and well-being.

Real Relief is a Denmark-based organization dedicated to designing, manufacturing, and supplying effective, durable, and life-saving relief items to people in developing countries. Their mission is to alleviate the effects of poor health, poverty, natural disasters, acts of war, and climate change by providing innovative and affordable products and services.

**Key Focus Areas:**

- **Menstrual Health:** Real Relief addresses period poverty by providing reusable menstrual products, aiming to reduce the number of girls missing out on education due to menstruation-related issues.
- **Hand Hygiene:** They have developed the Supertowel, a highly effective and durable handwashing tool with a built-in antimicrobial layer, designed to provide clean hands even in situations lacking soap and running water.
- **Malaria Prevention:** Real Relief produces Reliefnet, a mosquito net aimed at combating malaria, one of the world's biggest public health challenges.

Through these initiatives, Real Relief strives to make a tangible difference in the lives of vulnerable populations, focusing on self-sustainability, empowerment, and environmental friendliness.

The German Foundation for World Population (DSW) is an international development and advocacy organization dedicated to addressing sexual and reproductive health and rights (SRHR) and population dynamics. Established in 1991, DSW operates in Europe and Africa, with a significant presence in Tanzania.

DSW is committed to creating demand for and access to health information, services, and supplies, securing the rights of young people for a brighter future. The organization engages in gender-sensitive advocacy, capacity development, and family planning initiatives to achieve these goals.

In Tanzania, DSW focuses on empowering youth through comprehensive SRHR education, capacity building, and advocacy initiatives. The organization collaborates with local authorities and partners to improve youth livelihoods and ensure inclusive participation in society.

**Key Initiatives:**

- **Youth Empowerment Centres (YECs):** DSW has established YECs as safe spaces for youth to access SRHR information, vocational training, and peer education. These centers serve as hubs for networking and community engagement, fostering an environment where young people can develop leadership skills and economic opportunities.
- **Policy Development Contributions:** DSW has been instrumental in developing and contributing to national policies, strategies, and guidelines, including the National Youth Development Policy and the National Acceleration Investment Agenda for Adolescent Health and Wellbeing (NAIA-AHW) 2021/22-2024/25. These efforts aim to create an enabling environment for youth empowerment and SRHR advancement.



Girl Effect is an independent non-profit organization launched in 2015 by the Nike Foundation, focusing on empowering adolescent girls in the Global South to end poverty. The organization operates in countries across Africa and Asia, including Tanzania, South Africa, Ethiopia, Kenya, and India, reaching millions of girls with content and services that challenge gender norms and promote sexual and reproductive health.

Girl Effect aims to support adolescent girls and young women in overcoming barriers to achieve their potential. They employ girl-centered social behavior change and systems change approaches to improve health, education, and livelihoods.

Girl Effect operates in Tanzania under the brand Tujibebe, which translates to "Let's Lift Ourselves Up." This initiative aims to empower adolescent girls by providing them with information and inspiration to make informed choices about their health, education, and livelihoods. Tujibebe utilizes various media platforms, including radio dramas, to engage girls in discussions on topics such as the importance of the HPV vaccine, thereby enhancing their understanding and willingness to receive it.

Through Tujibebe, Girl Effect has reached an estimated 12.5 million people in Tanzania, fostering conversations that improve knowledge and attitudes toward health issues among girls and their families.

